Information for participants and declaration of consent to participate in the interviews:

Understanding the perceptions of prescribers on factors that influence the uptake of nature-based therapies

Dear participant,

We would like to invite you to participate in the study mentioned above.

Your participation in this study is voluntary. You can ask to stop at any time, without having to give a reason, or also withdraw your agreement to participate once the study has already started. There will be no negative consequences for you if you ask to stop or if you withdraw from this study early.

This kind of study is necessary to gain new, reliable *academic* research results. However, your written consent to participate is a really important step for us to conduct this study. Please take time to read the following information carefully, and do not hesitate to ask questions.

Please only sign the declaration of consent

- if you have fully understood what is going to happen in the study,
- if you are willing to give your consent to participate, and
- if you are aware of your rights as a participant in this study.

1. What is the purpose of this study?

The overall RESONATE (https://resonate-horizon.eu/) project brings together experts in nature-based therapies (NbTs) to demonstrate nature's biopsychosocial resilience building capacities and how to implement locally acceptable and inclusive NbTs, to help build more resilient communities. The aim of this study is to understand prescribers' perceptions on factors that influence the uptake of NbTs and use the results as a basis for the development of a guide for health and social care professionals on how to start prescribing NbTs, or how to scale up their use, to ultimately improve individuals' health and wellbeing.
This study is conducted by EuroHealthNet, a European Partnership of public health organisations focused on health promotion, health equity and disease prevention, and the University of Vienna.

2. What is the procedure of the study?

During the study, we would like to ask you some questions regarding nature-based therapies (NbTs). We want to gain knowledge about your perceptions on factors that influence the uptake of NbTs, with a focus on potential barriers and facilitators influencing NbTs' uptake. We are also interested in what you see as potential concerns, challenges, needs and opportunities, that could influence you utilizing NbTs for health and wellbeing promotion.
The interviews will take approximately 60 minutes and will be audio-video recorded. They are conducted either on Microsoft Teams or in person and we are seeking to interview 30 participants for this study.

3. What are the benefits of participating in the study?

Apart from taking part in this study out of personal interest, it is unlikely that you gain any benefits from participating in this study. The results of this study will provide important insight into experts' understanding of nature-based therapies (NbTs) and help shape future health care policies and conditions. Through participation in the study, you may learn something new about NbTs and if interested, we can share the results with you later.

4. What are the possible risks of taking part this study? Could participants experience any discomfort or other side effects?

There are no direct risks associated with taking part in our study. It could be that you feel a bit tired after responding to the interview questions, or that you potentially experience boredom or disinterest in the topic.

5. Does participating in the study have any other effects on participants' lifestyle? What are the obligations resulting from participating?

We do not foresee any effects on participants lifestyle. Beyond participating in the interview, there are no further obligations to fulfil.

6. What should participants do if they experience any physical/psychological symptoms, unwanted side effects and/or injuries?

If you feel any unwanted side effects such as anxiety, feelings of tiredness or unease, please report them to the interviewer and the study team (point 10.).

7. In what cases is it necessary that participants withdraw from the study early?

You can withdraw your consent to participate in the study at any time, without having to give reason or for having personal reasons for your withdrawal. There will be no negative consequences, and at your request, the data will be deleted.

In cases, where the study interviewer has the impression that further participation is not in participant's best interest, they can terminate the participation.
Once the interview has been completed, you have four weeks to notify the study collaborators if you would like to withdraw. If you decide to withdraw from the study, your data will not be part of the analysis.

8. How will the data collected in this study be used?

The interviews will be digitally audio-video-recorded and transcribed. The recordings will be uploaded in a secure server at EuroHealthNet, where only the study coordinators and interviewers will have access to it, with the recordings being deleted after the transcription is completed.
You will never be mentioned by your name. If you provide any other information that could give information about your identity, we will remove it from the transcript.
Your data will be *pseudonymised, meaning* personal and identifiable data will be assigned a random code, and the same random code will be given to the corresponding transcript, to be able to cross-reference the data collected with the profile of the participant when interpreting the data. Your personal and identifiable information will be stored in a separate password-protected document in EuroHealthNet's server. Thus, anyone not directly working on this study does not have the "key" and will not be able to deduce any personal information about you.

We may use quotes in a non-identifiable form in future publications, with the aim of highlighting especially interesting/relevant information whilst keeping original expressions intact. You will never be mentioned by your name and any identifiable information you tell us during the interview will not be transcribed and therefore never quoted, as it will be destroyed when the recordings are deleted after transcription. Non-identifiable data will be shared with the University of Vienna for analysis.
If you wish your data to be deleted, you can contact the interviewer of this study (point 10). Up until four weeks after the interview took place, we will be able to delete all data and information you provided us with during this study.

9. Will there be any costs for the participants?

You will not incur any costs from participating in this study.

10. Possibility to discuss further questions

If you have any further questions either about the study or your rights as a participant, the study team will be happy to answer them.

Name(s) of the contact person(s):

Study Collaborator:	Name: Alba Godfrey E-mail: a.godfrey@eurohealthnet.eu Phone: + 32.2.235.03.20
Study Collaborator:	Sofia Romagosa Vilarnau E-mail: s.romagosa@eurohealthnet.eu Phone: + 32.2.235.03.20
Study Lead	Name: Julia Egger E-mail: julia.egger@univie.ac.at Phone: +43-1-4277-22007

11. Declaration of consent

Name of the participant in block letters: .....

Date of birth: .....

I agree to participate in the study *Understanding the perceptions of prescribers on factors that influence the uptake of nature-based therapies.*

„……" provided me with clear and detailed information about the objectives, significance and scope of the study, as well as about the requirements resulting from my participation in the study. In addition, I have read this information text for participants and the declaration of consent, especially section 4 (regarding risks, discomforts or side effects). The study coordinator answered all my questions sufficiently and in a comprehensible manner. I had enough time to decide whether I would like to participate in this study. At the moment, I have no further questions.

I will follow the instructions that are necessary for conducting this study. However, I reserve the right to end my voluntary participation at any time up to four weeks after the interview, without this being to my disadvantage. If I want to withdraw from the study, I can do so at any time up to four weeks after the interview, by contacting the study collaborators specified in question 10 in this form, either in writing or verbally.

At the same time, I agree that my data collected in this study are recorded and analysed.

I agree that my data are permanently saved electronically in anonymised form. The data are saved in a form that is only accessible to the project management and are secured according to current standards.

If I want my data to be deleted at a later time, I can arrange for it by contacting the study collaborators either in writing or via telephone, and without having to give a reason. I am aware that I can request the complete deletion of my data up to four weeks after the interview took place.

I have read and understood the information for participants. In the explanatory meeting, I had the opportunity to ask all the questions I was interested in. My questions were answered fully and in a comprehensible manner.

I have received a copy of this information for participants and declaration of consent. The original remains with the study collaborator.

(Date and signature of the participant)

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(Date, name and signature of the study collaborator)

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