



## Steering Committee – 1<sup>st</sup> Meeting, 29<sup>th</sup> June 2023 (11-12am CET) – Minutes

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**Chair:** Mat White (UNIVIE)

**In attendance:** Julia Egger (UNIVIE), Matilda van den Bosch (ISGLOBAL), Maria C. Uyarra (AZTI), Colm O’Driscoll (ETIFOR), Ilaria Doimo (ETIFOR), Alba Godfrey (EuroHealtNet), Laura Secco (UNIPD), Angelica Moè (UNIPD), Cecil Konijnendijk (NBSI), Angel Dzhambov (MUP), Donka Dimitrova (MUP), Christina Pichler (PMU), Freddie Lymeus (UU), Patrik Karlsson Nyed (UCPH), Agnes van den Berg (NVM), Thomas van Rompay (UNTWE), Ben Wheeler (UNEXE), & Lewis Elliott (UNEXE)

### 1. Management update (WPs 1 & 10, 5 mins)

- Introduce Project Manager:

Julia Egger, please include her in any important communication for the project.

- Update on funds transfer

The transfer of the first rate of the funds has been put in progress/completed for all institutions but UNTWE. **ACTION: Thomas sends the information to Julia**

- Update on Consortium Agreement

The Consortium Agreement has been signed by all parties and sent around by Nathaly.

- Introduction to file sharing

The intermediate file sharing via the UNIVIE OneDrive has been set-up. For any issues or questions regarding the file sharing, please contact Julia.

- Ethics & first deliverable submitted!

The first deliverable, proof of the appointment of our independent external Ethics Advisor (Kevin Macnish), has been submitted by Mat & Julia.

- Update on PhD and Admin posts

The UNIVIE is looking for an organizational assistant to support the admin of the project, and over the next couple of months the UNIVIE will advertise a PhD position. The PhD’s tasks will include data synthesis, especially in support of WP7 & the resilience Hubs (CSs 4-6) and CSs 1 & 2 (the longitudinal data)

- Update on Network Nature

The UNIVIE attended the Network Nature event in Brussels in the beginning of June and learned that in order to receive funding from the European Investment Bank, the threshold for projects “worth funding” is €10Mio or higher.

### 2. Work package updates (2-3 mins each)

- **WP2:**

- Staff: Catrin Waters, a volunteer, will assist ISGLOBAL with their tasks.
- Progress: Work on WP2 has been started, there was a meeting with the other WPs and there will be a core group, consisting of project members with experience in systematic reviews/mapping/search, to design a protocol that can be discussed further.
- Mat added that he directed any projects or people who are interested in RESONATE to WP2 as well, since these projects could be included in the map.

- **WP4:**
  - Progress: Planning the methodology (turning the proposal into practical implementation), initial draft might be completed by early August to be shared with WP1. Ideally there would be a meeting with all WP leads by the end of August (before the launch meeting in Vienna), to make sure it fits in with the other WPs; prepare discussions with CSs in Vienna. Figuring out changes in review plans from the proposal (together with WP2)
  - *WHO Event*
    - Next week, EHNet will present slides of RESONATE; audience: Ministerial level
  - Questions:
    - Could there be an information sheet (1-2 pages) for institutions and people who reach out after having seen the press release/having heard of the project? (to share, since the website is not done yet)  
Great idea. **ACTION: Mat and Julia will create an information sheet in collaboration with WP9 and share with the Consortium.**
    - What is the budget for attending events?  
Every partner can use their budget for travel, but there is no separate budget for that. Every partner can decide on the priorities of events to visit, etc. No transfer of budgets across partners is possible.
- **WP5:**
  - Staff: the setting-up of the team is still in progress, there has been two new members. Sara is on maternity leave, but she intends to take a break to possibly be able to join the launch meeting in September.
  - Progress: Preparations are running within the WP, contact with the other WPs will follow soon.
  - Mat added that a lot of people at ICEP in Aarhus were interested especially in this WP!
- **WP6:**
  - Staff: The core team has been established (Giulia, Linda)
  - Progress: Busy in planning phase, setting up the plan, already met with WP2 (literature review), internally there will be a grey literature review. Also met with CSs Level 2 (CSs 4-6). By the end of summer, the aim is to coordinate with CSs Level 3, as well as the other WPs.
- **WP7:**
  - Staff: Two people who assist with project work (although officially not yet contracted under the project). After the summer, UNIPD will look for a postdoc, perfectly aligned with the timeline. Two PhDs have seen Mat's talk in Aarhus, and one of them will collaborate with Salzburg, which is not directly related with the project but might create additional output related to RESONATE. (There is a recording of the talk, Christina can share with the Consortium)
  - Progress: Internal activities but also meeting with other WPs (some right after the SC meeting)

- Resilience Hubs: met with CSs 4-6; Update at the CS later
- Communication: Already presented the project beginning of June. UNIPD is invited to a conference session 2024, and in September they will present at a conference in Croatia. Laura is already in contact with Mat & Cecil regarding the dissemination and the material prepared for such.
- **WP8:**
  - Staff: Looking for a part time postdoc (deadline in July)
  - Progress: Progressing nicely, meetings with other WPs, to find out how UNEXE will evaluate the results, WP8 will particularly look at the biological, psychological & social mechanisms that underly the success or results of the interventions. Especially for Level 2 CSs that is the case, with Level 3 CSs, this might be extracted differently, so WP8 will look into that as well. Outstanding meetings are with CS5 & CS8 (how the studies are run, what are the contexts). Also still figuring out how WP8 meetings should be done (within UNEXE & AZTI or more joined meetings across institutions), Ben will send email soon.
- **WP9:**
  - Staff: Right now, there is a team of four (Elin, Johan, Cecil, Calle), one more person will be hired for project management tasks. Elin is responsible for visual design & day-to-day communication, Calle is helping with webtext.
  - Progress: A lot of things at once, work on the Website has been started (external company doing the design, WP9 providing content), hoping for a first draft to be presented during launch meeting. Also working on the DEC strategy (first deliverable of WP9 end of August). Started social media accounts: LinkedIn (<https://www.linkedin.com/showcase/resonate-horizon-europe/?viewAsMember=true> already 40 followers!) & Twitter (<https://twitter.com/ResonateHorizon>, 20 followers). Send along info on conferences and little things to add to the profiles and build followerbase. Helping Alba & EHnet with the WHO slides.
  - There will be an internal file-sharing structure built in the website.
  - By the end of the summer there will be a template and slides on the project.
  - Dissemination repository (don't forget to tell WP9!!)  
Next week there will be a GoogleDoc to record all dissemination activities (conferences, how many people, what kind of audiences) going on within the project. **ACTION: Everyone fill out the document when it is available.**

### 3. WP3: Case Study updates (2-3 mins each)

- **CSs 1 & 2:** Staffing and progress aligning with WPs
  - Staff: All well set-up! (Get trained on structural equation modelling)
  - Progress: working together with CS3, aiming for a similar analysis structure for all three Level 1 CSs.
- **CS 3:** Staffing and progress with Project/Finance Officers
  - Staff: Core team has been established (lab guys for bio studies; Angel Burov will be helping with review and CS), still open positions (researchers, lab technicians), but will be filled by the end of the year.

- Progress: Process of selecting a survey company already initiated, hopefully by end of July there will be a detailed requirements for the survey company. Questionnaire will be developed over the summer (core modules). Once the basic structure is there, it will be asked for feedback from the WPs, to cover all the information the WPs need and beyond what is in the proposal (Also from Terry: items on restoration on social resources)
- Project Officer: Patrizia has not yet gotten back to Angel (regarding participant reimbursement). **ACTION: Mat inquires about the status.**
- **CS 4: Staffing and progress aligning with CSs 5&6 and WPs**
  - Progress: Meeting beginning of June between the Resilience Hubs studies, there will be a common basis for the ethical committee for each of the studies. Christina agreed to write this common outline, given that it will be the same study in each of the three sites. Also, meetings with the other WPs and CSs. Christina will take the lead in organizing the meetings and communication between the three resilience hub CSs.
  - Labs is rearranged for testing the participants and the selection of PhD student to join the team will be finalised.
- **CS 5: Staffing and progress aligning with CSs 4&6 and WPs**
  - Progress: working on the study protocol & practical & scientific details. Maybe the CSs will contact big companies for recruitment (to send people in groups). Beginning of next week there will be a draft of the protocol and follow-up meeting on Wednesday to discuss details. Rough protocol should be done by the end of the summer.
  - Open to meet up with the other WPs, please just contact CS5.
  - One of the Salzburg Team (Yara?) will visit CS site in Barcelona for an exchange on details (shipping saliva, etc.) in September.
- **CS 6: Staffing and progress aligning with CSs 4&5 and WPs**
  - Staff: Recruitment still in progress, will be sorted out soon.
  - Progress: Grateful for the Salzburg colleague to coming to Barcelona.
  - Mat added: Keep in mind not only the research, but also the resilience hubs and community hubs.
- **CS 7: Staffing and progress aligning with WPs**
  - Staff: Recruiting an assistant as well as instructors for the interventions for the study.
  - Progress: Went to ICEP, discussions there. Analysed the pilot study, will feed into development of the protocol, pre-registration of the protocol, WP meetings for the study protocol.
  - Matt added: Important for WP5, there are four different sites plant in this CS, but it might not be feasible to have an environmental assessment of all four, maybe 1-2. Maybe discuss directly with WP5, more concretely in September with Sara.
- **CS 8: Staffing and progress aligning with WPs**
  - Possible change in CS location & target group
  - Staff: Core team is in place, field staff is still needed, recruitment will be within the research group.

- Site was visited by Mat & Sabine, there are planning commission problem; the permit for the construction of the site is delayed, so it might not be possible to conduct the study on physical disabilities. Ulrika is still waiting on decision, hopefully end of July. There are Plan B and C, using neighbouring health forest or therapy garden, which have been used by the research group.
- Delay due to appeal from environmentalist group fearing that the construction will be too much disturbance for wildlife.
- Mat added: we can still include the paths and feasibility trials later, but we have to change what we do when. Relevant for all WPs: If not mobility issues, the focus might shift to PTSD. Advantage would be that there is a clear pathway exists for health care communities. Maybe easier process.
- CS8 is discussing pros and cons, depends on the decision; we need to check with project officer if the focus shifts.
- **CS 9: Staffing and progress aligning with WPs**
  - Possible change in study design
    - Progress: Meeting between Thomas, Agnes & Alexandria Poole (IEAB), how to conceptualise nature-based activities. Discussed care-farm recruitments, working with either early dementia or younger people with psycho-social problems; or how to set-up community health practice.
    - Maybe including measures of facial recognition, looking into what software might be available.
    - Alexandria will be more content wise involved in the CS.
    - Matt added that there is a lot of Dutch documentation on care-farms and other things, UNIVIE will check whether there is money in the budget to translate these reports/policies/documents to make them accessible internationally. Other WPs can also look whether there are documents that should be translated and shared via the website.

#### 4. Book (2-3mins)

- Brief discussion of who might be interested if we have time.

The idea is to write a Handbook for Social Prescribing together with the other Consortia in the Cluster (since working in the cluster is not always easy). The deliverables (guidelines/roadmaps, etc.) could be translated into book chapters, and so each project in the cluster can show their perspective on these Health Equity, Environment, etc. and how they relate to Social-Prescribing. Case Studies or the systematic map could also be turned into chapters. Maybe easier to get deliverables out that are more difficult to publish otherwise.

The idea is that it would facilitate a combined result within the cluster, since experience has shown that this might be difficult. Unfortunately, Mat does not have much information on the other projects yet. By end of September, UNIVIE has to submit a cross-consortium plan as deliverable, this will be of course shared with the RESONATE consortium.

No need to decide now, also no pressure to participate will pick the topic up in September. So far Jill, Christina, Alba, and Cecil agreed that they would support this idea.

## 5. Any other business (Let's see)

Mat and Julia will want to visit all the CSs sites to get a better understanding of the studies. Mat went to Copenhagen last week, and soon Mat & Julia would like to go to Netherlands, Salzburg and Padua.

Cecil added to the CS8 problem that even if the permission was given, we would need to be prepared of possible implications for the project due to the environmental group (which is why Plan B and C are in plan)

Laura added that this might also be the case for other CSs; that we should be aware of social perception (more protest) of environmental associations for other case studies, find out their positions, and how to engage with them and avoid conflicts.

Laura asks also CS8 if they could get in contact with them also for surveys, to find out how to gain the group's support of nature-based therapies and such.

Laura also asked a list of people who works on what in what institution. **ACTION: Julia and Mat will compile a list with emails and names on the WPs and CSs.**

## 6. Next Meetings (30secs)

- 1-2-1s July/August as arranged (30min updates with Mat & Julia)
- Launch Meeting in Vienna (14<sup>th</sup>- 15<sup>th</sup> September 2023)
  - o Schedule will be sent out soon, instead of talks, UNIVIE plans to have more informal sessions where WPs and CSs talk to each other to find out what who needs.

**The Meeting was concluded at 12:05pm.**